

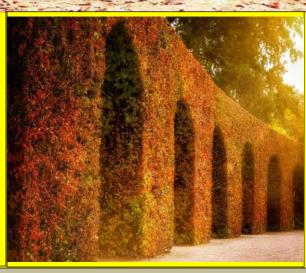
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" There are three constants in life... change, choice and principles.

Stephen Covey

HOW TO SPEND SUMMER HOLIDAYS PRODUCTIVELY

DEAR PARENTS AND STUDENTS,

When school is over, the first thing students think of is how to have fun. And although the summer holiday is indeed a time to relax, students shouldn't overlook many opportunities for personal development. There are various activities for which there is never enough time during the school year.

As children like to unwind and enjoy their wellearned holiday, they will probably need some help with organization and time management. With a little effort, children can spend vacation days filled with fun activities, and learn new things that could be very useful both in the new school year, and in everyday life as well.

New language

Knowledge of new languages enables us to get to know different cultures and ways of life. In addition, mastering a new language opens up a number of possibilities, such as studying abroad, new business collaborations, or ways to improve existing collaborations. Since language learning demands a lot of time and effort, summer is an ideal period for it.

People usually learn new languages in language courses which can also be attended online. This way, learning Hindi, French or any other won't take up too much of children's time, because they can learn them from home.

New skills

How to have fun on holiday while at the same time doing something useful? If you have more free time than usual, you should use it to learn new things. Some will say that students are sick of learning as it is, but we are talking about skills that are useful and fun at the same time. It can be a new hobby for example, that children are enthusiastic about. We should always support children's interests and inclinations, because commitment gives rise to a lot of useful knowledge (patience, discipline, resourcefulness, etc.).

And while high school students usually have an idea on what they want to do, we need to draw the attention of younger children to certain activities. That doesn't mean that parents shouldn't try and suggest activities and options for older children as well:

Training – Summer is a perfect time to improve your physical health. The first thing that many people will think of is swimming, and they are right. Swimming is very much the definition of a 'summer' sport that helps children to live a healthy lifestyle, and to get rid of their fear of water and safely enjoy swimming in lakes or the sea.Of course, land sports are also very popular, both team and individual

.There are so many great sports, such as horseback riding, soccer, field hockey, diving, or rock climbing, cycling, swimming etc; that will help children to get out of their comfort zone and have fun in the process. Holidays are a great time to try out new sports disciplines and enjoy physical activity. Training different sports helps children make new friends, and gain the self-confidence all successful athletes possess. It should be noted that ambition and success are not the priority here, but recreation and spending time with friends.

Cooking— when they are younger, children assume that breakfast, lunch and dinner will always be on the table. However, when it is time for college, independence will come in handy. Believe it or not, cooking can be fun, especially once you've mastered the basics. Who knows, maybe someone will discover their talent this way and decide to become a chef.

Drawing – learning to draw and paint requires time and commitment. This is why summer is the perfect time for art, every student has plenty of time, and the environment is colorful and represents a perfect motif to translate to canvas or paper. Fine arts teach us patience, because only when we are focused can we create a work of art.

Photography – Drawing can be challenging, so photography is a good alternative, and if combined with hiking or sightseeing, it can be an extremely fun activity. Photography used to be a very expensive hobby, and it used to require technical proficiency. However, nowadays, we only need a phone with a camera, some knowledge of camera settings, and a good eye for detail. We often miss many details due to the fast way of life, so photography is an excellent way to capture those beautiful moments. This activity can be enjoyed regardless of where students spend their holidays.

Dancing – everyone can and should learn to dance, because it is healthy and fun, and it improves one's self-confidence. Regardless of gender and age, everyone should be able to dance so that they could enjoy social activities to the fullest. If you have any doubts, just watch the movie *In the Heights* and you will understand why music and dancing are so awesome.

These are just some skills everyone can learn during summer holidays, and success only depends on the student's determination and their parents' support. What is learned over the summer remains useful for the rest of our life, if only as a big life lesson.

INPUTS KMR RESOURCE CENTRE

Read and write

Reading doesn't have to be a solitary activity. Thanks to the Internet, it is easier than ever to find like-minded people and start a book club. Just as we retell and paraphrase movies and TV shows, book lovers share stories about their favorite novels. Who knows, maybe reading will eventually encourage someone to write their very first story, or at least keep a diary over the summer. No one is born with writing skills. They are practiced, like all other skills, you only need to be patient.

How to spend holidays usefully?

You don't have to learn to pilot a helicopter or learn three languages to be able to say you spent a quality summer. It is enough to define goals that can guarantee that the time before the beginning of the upcoming school year will be usefully spent. Everyone has different ambitions, but some of these items should be on everyone's list for an ideal summer:

Spend quality time with family and friends, Learn new fun activities
Visit places of interest, beaches, museums, hill stations etc;
Learn new skills, Volunteer
Improve physical health
Do gardening
Learn and cultivate a hobby
Keep a journal

Use internet and social media only if necessary

Paradoxically, one has a lot of free time, but the summer holiday is over before it even begins. This is why it is important to carefully plan one's summer activities so as to find time for fun, but also for learning new skills. There may be too many options, so it's good to focus on things you really enjoy and care about.

Some will go to summer camps, some to visit their grandparents, and others will remain at home and enjoy spending time with friends. No matter how you spend your holidays, the most important thing is to have some rest and return to school in June with rejuvenated physical and mental energy.

HAPPY HOLIDAYS & HAPPY PARENTING

FROM ALL OF US HERE TO ALL OF YOU

APRIL IMAGES





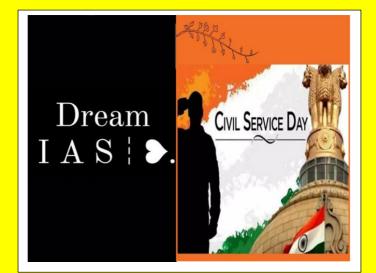
ENGLISH WORKSHOP MIDDLE SCHOOL

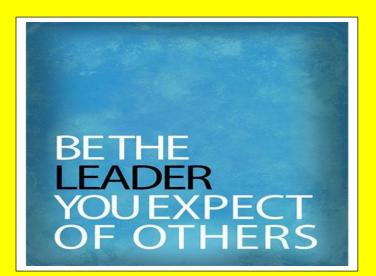












PAUL JENNER



Born: England 30 April 1943
Migrated to Australia when
he was 6 Awarded the
Coolest Book of the Decade
Award for 'The Paw Thing'
First writer to sell a million
books in Australia.
Favourite book: The Lord of
the Rings by J. R. R. Tolkien
Honoured with an Order of
Australia in 1995
His hobby is restoring and
driving classic cars

Paul Jennings is Australia's most successful writer of children's books. Over three million copies of his books have been sold in Australia alone.

As a child Paul loved reading and dreamt of being a writer. When he was 16 he sent a story he had written to the Woman's Weekly hoping it would be published. It was not. Paul was so upset that he didn't write again until he was thirty-nine. Paul says of this experience: 'Never be hurt by being rejected. Just keep on trying and most of all don't give up. Much later I decided to write again - stories I thought would make reading fun for children. This time I decided not to give up.'

When Paul left school he became a teacher. He said he can still remember his favourite teacher and when he puts a nice teacher in his books he always thinks of him. As a teacher, Jennings worked for eleven years with children with learning difficulties. He also became a speech therapist and spent eight years lecturing in language and literature.

In 1984, Paul's eleven year old son complained about a boring book he was reading. Paul decided he would write a story his son would love. He wrote his first book Unreal, published in 1985. Since then Paul has had written more than 30 books. He has won the Young Australians Best Book Award 16 times and won the 1990 Australian Writers' Guild Award for Best Adapted Screenplay for Children for Round the Twist, a thirteen part television series that became the top rating children's program in over 40 countries.

Paul continues to do what he loves - writing books for reluctant readers who he believes are children 'for whom no adult has found suitable books'.

LEONARDO DA VINCI



Occupation: Artist, Inventor,

Scientist

Born: April 15, 1452 in Vinci,

Italy

Died: May 2, 1519 in Amboise,

Kingdom of France

Famous works: Mona Lisa, The Last Supper, The Vitruvian

Man

Leonardo da Vinci was an artist, scientist, and inventor during the Italian Renaissance. He is considered by many to be one of the most talented and intelligent people of all time. The term Renaissance Man (someone who does many things very well) was coined from Leonardo's many talents and is today used to describe people who resemble da Vinci.

Leonardo was born in the town of Vinci, Italy on April 15, 1452. Not much is known about his childhood other than his father was wealthy and had a number of wives. About the age of 14 he became an apprentice to a famous artist named Verrocchio. This is where he learned about art, drawing, painting and more.

Leonardo da Vinci is regarded as one of the greatest artists in history. Leonardo excelled in many areas including drawing, painting, and sculpture. Although we don't have a lot of his paintings today, he is probably most famous for his paintings and also gained great fame during his own time due to his paintings. Two of his most famous paintings, and perhaps two of the most famous in the world, include the Mona Lisa and The Last Supper.

Leonardo's drawings are also quite extraordinary. He would keep journals full of drawings and sketches, often of different subjects that he was studying. Some of his drawings were previews to later paintings, some were studies of anatomy, some were closer to scientific sketches. One famous drawing is the Vitruvian Man drawing. It is a picture of man who has perfect proportions based off the notes from the Roman architect Vitruvius. Other famous drawings include a design for a flying machine and a self portrait.

Many of da Vinci's drawings and journals were made in his pursuit of scientific knowledge and inventions. His journals were filled with over 13,000 pages of his observations of the world. He drew pictures and designs of hang gliders, helicopters, war machines, musical instruments, various pumps, and more. He was interested in civil engineering projects and designed a single span bridge, a way to divert the Arno River, and movable barricades which would help protect a city in the case of attack.

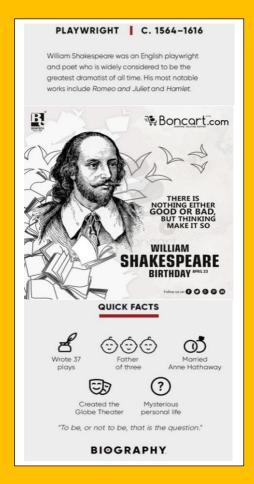
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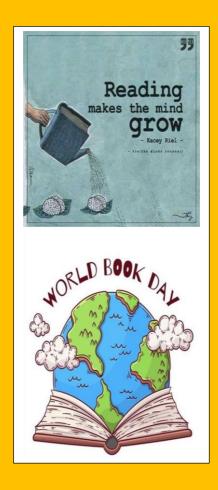














Charles Darwin was an English scientist who studied nature. He is known for his theory of **evolution** by natural selection. According to this theory, all living things are struggling to survive.

The living things that have the most helpful traits for their environment tend to survive. These living things then pass along their helpful traits to their young. In this way, animals change, or evolve, over hundreds of years. He described his ideas in his important book, On the Origin of Species by Means of Natural Selection (1859).

Charles Robert Darwin was born on February 12, 1809, in Shropshire, England. He did poorly throughout school. Nevertheless, he attended the University of Edinburgh and the University of Cambridge. A professor at Cambridge encouraged Charles's interest in natural history.

In 1831 Darwin joined an expedition to explore the coasts of South America. On December 27, 1831, Darwin and the others set sail on the HMS Beagle. Darwin's goal was to study the natural history of the areas they were to explore. The observations he made during the five-year trip led him to wonder how new species developed. To explain this process Darwin formed his theory of natural selection.

Darwin first presented his theory in 1858. The idea of evolution was not new then, but Darwin's theory explained how evolution occurred. When Darwin published On the Origin of Species in 1859, the book was an immediate success. However, it was not popular with people who believed that God created everything in the world all at one time. He continued writing about his theory in several other books. Charles Darwin died on April 19, 1882.

The first Earth Day was celebrated on April 22, 1970. The event was organized by Gaylord Nelson, a United States Senator from Wisconsin. He was inspired to action after witnessing the damage caused by an oil spill in Santa Barbara, California in the year 1969.

Gaylord Nelson realized that there was a need for humans to become more environmentally aware and active in preserving our planet. He hoped that Earth Day would be a way to educate people about the importance of environmental protection.

Earth Day quickly became a global phenomenon. More than 20 million people participated in the events across the United States on the first Earth Day. Today, Earth Day is celebrated in more than 193 countries around the world. At present, more than 1 billion people around the world take part in Earth Day.

On April 22, 2020, Earth Day celebrated its 50th anniversary. The event, however, was organized through digital platforms due to Covid-19.

The purpose of Earth Day is to bring awareness to the environmental issues our planet faces and to promote solutions for a sustainable future.

Following last year's successful campaign, global Earth Day organizer EarthDay.org (EDO), has announced the 2023 theme. The theme for Earth Day 2023 is "Invest in Our Planet."

Yes, it will be a continuation of the successful 2022 campaign. Once again, we must act boldly in order to achieve a successful outcome. We should innovate in a broader sense, and put our ideas into practice in an equitable manner





ORIENTATION PROGRAMMES

VALUES AND PRINCIPLES CONCEPTS CLARIFICATION AND **CURRICULUM** MODULE **PREPARATION** FOR THE ACADEMIC YEAR 2023-2024.

By KMR teachers

Facilitated by

Mr. T. M. CHARLES -**Advisor**





ENGLISH COMMUNICATION

WORKSHOP

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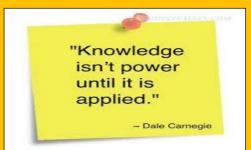
BY MR. JOHN COMMUNICATION TRAINER

PARENTS TEACHERS MEETING FOR GRADE X AND GRADE XII











CAREER GUDANCE PROGRAMME TO TO PARENTS AND STUDENTS OF GRADE X AND XII BY MR. KALAIMANI



ORIENTATION TO PARENTS AND STUDENTS ON IIT-JEE-NEET FOUNDATION COURSES BY MR.



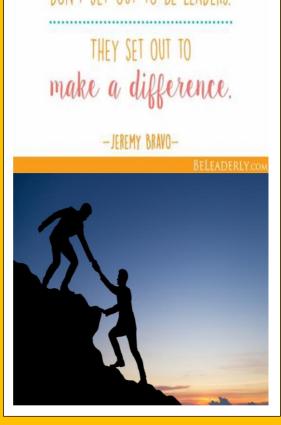
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